Scottish Longitudinal Study Development \& Support Unit

# Understanding the impact of fertility history on health outcomes in later life 

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## Background to the project on health in mid life

- the research draws on and extends work on reproductive histories and outcomes
- it is known that either not having children or the number of children (parity) are associated with specific health outcomes at mid and later life for women (Grundy 2009; Grundy \& Kravdal 2007; Grundy \& Tomassini 2005)

Problems with civil birth registration data

Until recently civil registration data only records all previous births within marriage:

- question asked of married women when registering a birth is the number of previous children (alive \& stillborn) by current $\&$ previous husbands
- back in 1977-90\% within marriage (GROS 2008:64; 2010:10)
- more recently it misses a large percentage of births thus rendering the information inaccurate for generalising to all women


## Parity from ISD health data SMR02 maternity data

- this projects uses NHS health data from the Scottish Morbidity Record (SMR) maternity dataset (SMRO2) to estimate parity for all women
- SMR02 is available from 1975, meaning for unbiased complete fertility history the sample must be born after 1959 (1975-16)
- to demographers parity refers to the previous number of children a women has
- ie a women having her first child was at parity zero


## SLS cohort

- SMR02 is available from 1975, meaning for complete fertility history the sample must be born after 1959 (1975 less 16) \& be able to follow after childbearing ages ~45+
- the SLS cohort for the analysis are born 1959-1965 aged ~46-52 in 2011
- using 1991 Census information to estimate living conditions at around the time of peak fertility - aged ~2632 in 1991


## Measures of mental health

- 2011 Nature of Health Condition: "Do you have any of the following conditions which have lasted, or are expected to last, at least 12 months?" "A mental health condition"
- SMR04 admissions - Mental Health Impatient \& Day Case dataset


## Exploratory data analysis Mental Health

| Parity measure from ISD (cleaned) | Nature Health Cond: Mental Health |  |  |
| :--- | :---: | :---: | :---: |
|  | No | Yes | Total |
| parity of 2 (reference for modelling) | 3,250 | 159 | 3,409 |
| None (no kids) | 95.34 | 4.66 | 100 |
| parity of 1 | 2,628 | 260 | 2,888 |
|  | 91.00 | 9.00 | 100 |
| parity of 3 | 1,206 | 81 | 1,287 |
| parity of 4 | 93.71 | 6.29 | 100 |
| parity of 5 \& over | 1,393 | 113 | 1,506 |
| Total | 92.50 | 7.50 | 100 |
|  | 386 | 24 | 410 |

Pearson chi2 $(5)=52.1360 \quad \operatorname{Pr}=0.000$

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Risk of a mental health condition


4\%

2\%

None Parity 1 Parity 2 Parity 3 Parity 4 Parity 5

Exploratory data analysis using SMR04 admissions
(Mental Health Impatient \& Day Case dataset)

| Ever had a SMR04 admission (ISD) |  |  |  |
| :--- | :---: | :---: | :---: |
|  | No | Yes | Total |
|  | 8,878 | 497 | 9,375 |
|  | 94.70 | 5.30 | 100 |
| Yes | 146 | 158 | 304 |
|  | 48.03 | 51.97 | 100 |
| Total | $\mathbf{9 , 0 2 4}$ | $\mathbf{6 5 5}$ | $\mathbf{9 , 6 7 9}$ |
|  | $\mathbf{9 3 . 2 3}$ | $\mathbf{6 . 7 7}$ | $\mathbf{1 0 0}$ |

Pearson chi2 $(1)=1.0 \mathrm{e}+03 \operatorname{Pr}=0.000$

Source: SLS

## Preliminary results

- 2011 Nature of Health Condition: mental health condition
Do you have any of the following conditions which have lasted, or are expected to last, at least 12 months? mental health condition
- All women - by relationship status (single, cohabiting or married)

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## Mental health condition using relationship status

 married, single (including single parent) \& cohabiting| ALL WOMEN 0/1 Mental Health 2011 | $\begin{aligned} & \text { OR } \underset{N=9679}{ } \text { SE } \end{aligned}$ |  | $\begin{aligned} & \text { OR } \quad \\ & \hline \end{aligned}$ |  | $$ |  | OR $\underset{N=9679}{ } \mathrm{SE}$ |  | $\begin{aligned} & \text { OR } \quad \mathrm{NE}=9679 \\ & \hline \end{aligned}$ |  | OR | $\begin{aligned} & \text { SE } \\ & 679 \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Parity measure from SMR02 (cleaned) |  |  |  |  |  |  |  |  |  |  |  |  |
| parity of 2 (Ref Cat) |  |  |  |  |  |  |  |  |  |  |  |  |
| None | 2.022*** | [0.210] | 1.576*** | [0.182] | 1.564*** | [0.181] | 1.585*** | [0.183] | 1.579*** | [0.183] | 1.575*** | [0.183] |
| parity of 1 | 1.373* | [0.193] | 1.258 | [0.187] | 1.236 | [0.184] | 1.271 | [0.190] | 1.284 | [0.192] | 1.269 | [0.191] |
| parity of 3 | 1.658*** | [0.211] | 1.626*** | [0.218] | 1.613*** | [0.216] | 1.514** | [0.205] | 1.426** | [0.194] | 1.418* | [0.193] |
| parity of 4 | 1.271 | [0.287] | 1.084 | [0.260] | 1.062 | [0.256] | 0.924 | [0.224] | 0.803 | [0.197] | 0.789 | [0.194] |
| parity of 5 \& over | 2.285** | [0.598] | 1.813* | [0.515] | 1.718 | [0.490] | 1.519 | [0.433] | 1.282 | [0.370] | 1.249 | [0.361] |
| SMR04 Admission |  |  | 18.26*** | [2.298] | 17.61*** | [2.225] | 16.52*** | [2.109] | 16.05*** | [2.066] | 16.20*** | [2.093] |
| Living arrangements in 1991 (ie around time of peak childbearing ages 26-32) |  |  |  |  |  |  |  |  |  |  |  |  |
| Married (Ref Cat) |  |  |  |  |  |  |  |  |  |  |  |  |
| Single (including single parent) |  |  | 1.719*** | [0.167] | 1.704*** | [0.165] | 1.414*** | [0.142] | 1.374** | [0.138] | 1.320** | [0.134] |
| Cohabiting |  |  | 1.283 | [0.202] | 1.279 | [0.202] | 1.179 | [0.189] | 1.157 | [0.186] | 1.123 | [0.182] |
| Year of Birth |  |  | 0.977 | [0.0248] | 0.98 | [0.0249] | 0.98 | [0.0250] | 0.989 | [0.0254] | 0.987 | [0.0254] |
| Highest Level of highest qualification (if missing in 1991 take from 2001) |  |  |  |  |  |  |  |  |  |  |  |  |
| Low or None (Ref Cat) |  |  |  |  |  |  |  |  |  |  |  |  |
| Other Higher Qualifications (non-degree) |  |  |  |  | 0.579** | [0.0967] | 0.738 | [0.126] | 0.8 | [0.154] | 0.818 | [0.158] |
| First Degree and Higher Degree |  |  |  |  | 0.529** | [0.103] | 0.72 | [0.144] | 0.768 | [0.167] | 0.802 | [0.175] |
| HH tenure Based on 1991 |  |  |  |  |  |  |  |  |  |  |  |  |
| Owner occupier (Ref Cat) |  |  |  |  |  |  |  |  |  |  |  |  |
| Social rented LA HA New Town etc (Council) |  |  |  |  |  |  | 1.983*** | [0.194] | 1.708*** | [0.178] | 1.465** | [0.173] |
| Private renting |  |  |  |  |  |  | 1.096 | [0.265] | 1.039 | [0.252] | 1.023 | [0.249] |
| Other -with job or Lives rent free etc |  |  |  |  |  |  | 1.328 | [0.428] | 1.245 | [0.403] | 1.234 | [0.401] |
| Social Class 3 cats Based on 1991 |  |  |  |  |  |  |  |  |  |  |  |  |
| social class I \& II (Ref Cat) |  |  |  |  |  |  |  |  |  |  |  |  |
| class IIIN \& IIIM+forces |  |  |  |  |  |  |  |  | 0.941 | [0.137] | 0.946 | [0.138] |
| social class IV \& V |  |  |  |  |  |  |  |  | 1.185 | [0.189] | 1.166 | [0.187] |
| missing (any reason) |  |  |  |  |  |  |  |  | 1.845*** | [0.307] | 1.794*** | [0.299] |
| Dep Quntile (Carstairs Pop Weighted) |  |  |  |  |  |  |  |  |  |  |  |  |
| 1 least (Ref Cat) |  |  |  |  |  |  |  |  |  |  |  |  |
| 2 |  |  |  |  |  |  |  |  |  |  | 1.490* | [0.259] |
| 3 |  |  |  |  |  |  |  |  |  |  | 1.38 | [0.247] |
| 4 |  |  |  |  |  |  |  |  |  |  | 1.490* | [0.269] |
| 5 most |  |  |  |  |  |  |  |  |  |  | 1.826** | [0.340] |

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## Mental health condition using relationship status



Odds of a mental health condition


None Parity 1 Parity 2 Parity 3

## Conclusions

"Does not seem to be a confounded by:

- socio-economic risk factors
- a serious long-term mental health condition
- Unmeasured selection effect?
- Biological - evolutionary explanation?
- Gendered social - structural explanation?


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